

Writing Aids

Even with technological advances, sometimes you still want or need to write by hand. We have a range of pen and pencil grips, and gripping aids, to help with writing with reduced hand function.



Pinch Pencil Grips

Ergonomic writing aids. With the help of these comfortable grips, writing becomes easy and natural. These grips can improve handwriting, give more control and reduce hand fatigue.

Great For: Arthritis | Tremors | Reduced Finger Grip or Strength

Key Features: Large Grip Area | Comfortable Feel

Chunky Pen

Standard pens can be difficult to hold when you have reduced hand function. This chunky pen gives the user more to hold on to.

Great For: Arthritis | Reduced Finger Grip

Key Features: Lightweight | Handy Loop for Carrying



Small Item Gripping Aid

A versatile gripping aid designed to hold any small diameter items, including pens, pencils and more. Ideal for those with very limited grip, or difficulty bending their hands and/or fingers.

Great For: Reduced Hand Function | Difficulty Bending Fingers

Key Features: Removable and Interchangeable Palm Pads | Machine Washable

Pencil Finger Grips

These grips hold fingers in the correct place to hold a pen or pencil. They are designed to help children learn to hold a pencil correctly but could also be used to hold a pen or pencil by those with limited finger strength.

Great For: Children | Limited Finger Strength

Key Features: Guided Finger Placement



GRIPO Fix Set



This set allows the user to weigh down everyday items according to their needs, allowing for more independence with daily tasks. Combine the balls, strap and 'grams' (or weight balls) as needed for the perfect grip.

Great For: Tremors | Reduced Hand Function or Dexterity
Key Features: Customisable Weighting | Removable Strap

FUNctional Hand

This tool allows the user to grasp items in a natural hand position. It was engineered by an occupational and physical therapist as a multi use assistive tool for everyday tasks.

Great For: Reduced Hand Function | Arthritis
Key Features: Versatile | Ergonomic Handle



EazyHold Straps

These versatile silicone straps can assist with holding a variety of objects - including pens and other craft and writing supplies. Simply attach them to the chosen items, and slide a hand through the handle it creates. Sizes available to fit everyone from small infants to large adults.

Great For: Reduced Hand Function | Release Reflexes
Key Features: Hypoallergenic | Latex-Free | Dishwasher Safe