

Cutlery Solutions



Being able to feed oneself is a key marker of independence in day-to-day life. Our shop features a range of cutlery solutions to support individuals with a number of different conditions which may affect their hand function.



Cutlery with Loops

Those with reduced hand function can dine with dignity with this elegantly designed cutlery with loops. Simply adjust the loops on either side of the item of cutlery to fit your finger and thumb. This allows you to get a firm hold while you eat.

Great For: Reduced Hand Function

Key Features: Stainless Steel | Discrete Design | Dishwasher Safe

Long Bendable Cutlery

The Ornamin Long Bendable Cutlery has a long, flexible, handle that can be bent to any angle. Once you bend it, it stays in position. This allows you to shape the cutlery in the best way to allow you to hold it.

Great For: Reduced Hand Function | One-Sided Weakness

Key Features: 44cm long | Suitable for Left or Right-Handed Use | Silicone Handles | Stainless Steel Cutlery | BPA Free | Food-Safe



Knork

A combination of a knife and a fork, the knork makes eating with one hand easy. You can use it left or right handed. The fork has a bevelled edge along the outer tines, allowing you to cut with a rocking motion.

Great For: One-Sided Weakness | Limb Difference

Key Features: Stainless Steel | Dishwasher Safe | Optional Foam Handle | Suitable for Left or Right-Handed Use

Chunky Bendable Cutlery

This cutlery has large cushioned handles with soft flexible ribbing. You can bend the cutlery to suit your hand and wrist movement capabilities. This reduces the strain on your hands and wrists when eating.

Great For: Reduced Wrist and/or Hand Movement

Key Features: Dishwasher Safe | Stainless Steel Cutlery Head | Made from TPR





Spoon Guards

These Spoon Guards help you to keep food on your spoon. They are designed specifically for those with tremors.

The Spoon Guard fits easily over most dessert and soup spoons. Sold in a pack of 3.

Great For: Tremors

Key Features: BPA-free | Dishwasher Safe | Food Safe | Made from TPE

Cutlery Grips

These anti-slip cutlery grips come in a set of 2. They fit virtually any dining utensils, and a lot of other household items too including wooden spoons, pencils and more. Slightly weighted - great for mild tremors.

Great For: Reduced Hand Function | Mild Tremors

Key Features: Non-Toxic | Plasticiser and Latex Free | Adhesive Free



Children's Cutlery Grips

These children's cutlery grips come in a set of two. Specifically designed for little hands, they fit a wide variety of dining utensils, and other household items too. Use these smaller cutlery grips with our [mini gripping aids](#) for a firm grip.

Great For: Children with Reduced Hand Function

Key Features: Non-Toxic | Plasticiser and Latex Free | Adhesive Free

S'Up Spoon

The S'Up Spoon has a cavity in the handle that acts as a holding point for food. This design reduces spillage even with vigorous or shaky movements. Eat soup, rice, and even ice cream with confidence!

Great For: Tremors

Key Features: Dishwasher Safe





GRIPO Fix Set

The GRIPO Fix Set is a quick and simple solution to help make gripping onto a wide range of items much easier for those with reduced hand function. Combine the balls, strap and 'grams' (or weight balls) as needed for the perfect grip.

Great For: Tremors | Reduced Hand Function

Key Features: Made from Food-Grade Material | Latex Free | Easy to Sanitise

ProSpoon

The ProSpoon has been designed by a feeding therapist to be 'just right' for those who are struggling with eating. The spoon holds an appropriate amount of food to be manageable for the user.

Great For: Bite Reflexes | Limited Hand Dexterity

Key Features: BPA-free | Dishwasher Safe | Medical Grade | Phthalate Free | PVC Free | Latex Free



EazyHold Straps

Attach EazyHold Straps to cutlery, a toothbrush, pens, hairbrush or anything else you can think of! Great for all ages, the EazyHold straps come in a variety of sizes, colours and packs.

Great For: Reduced Hand Function

Key Features: Made from Food Grade Silicone | Dishwasher Safe | Hypoallergenic | Latex Free

Small Item Aid

The Small Item gripping aid allows you to hold small diameter items including cutlery, make-up, bathroom, art and office products. Position the palm pad at the perfect angle for you.

Great For: Reduced Hand Function

Key Features: Versatile | Washing Machine Safe

