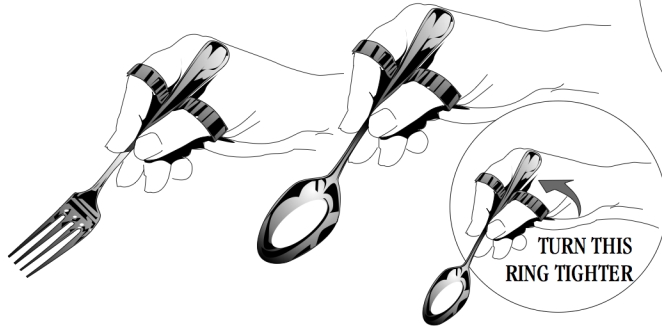


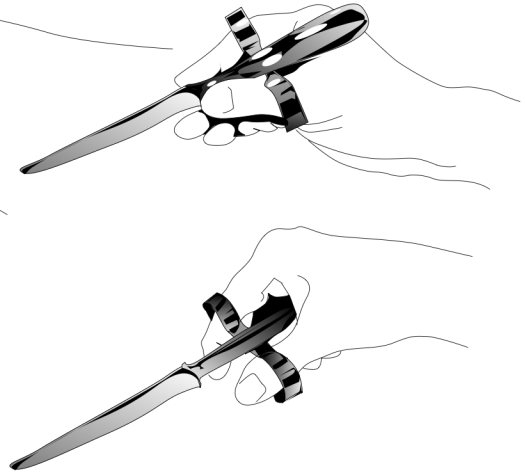
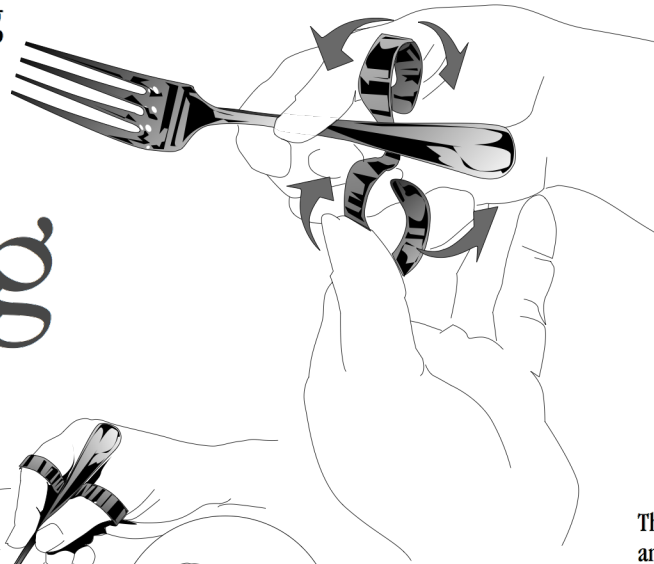
# USERS MANUAL

## Just a twist and turn away from dining

Each utensil may be twisted to meet your specific grip and strength. A person with no grip has the ability to “hold” these utensils while eating with no assistance. The loops are very flexible so that they can be adjusted by an assistant to fit the individual’s hand size and condition.



Hold your fork and spoon as illustrated to maintain a gentle grip of the utensil. This position provides the most support and leverage for stabbing, scooping and cutting.



The knife may be held several different ways based on the amount of pressure needed. (see illustrations above) Shown alternatives to hold the knife and spoon with the back of the utensil under or over the palm address different condition needs. (displayed in illustrations) The yoke is infinitely adjustable, so do not be afraid to experiment with various positions.